

# 30th Sunday in Ordinary Time (B)

Psalm 125; refrain v 3

Robert Gower (b. 1952)

*R* What mar-vels the Lord— worked for us! In - deed we were glad.

[v 2]

1. When the Lord delivered Zion from bondage,  
It seemed like a dream.  
Then was our mouth filled with laughter,  
on our lips there were songs. *R*

2. The heathens themselves said:  
What marvels the Lord worked for them!  
What marvels the Lord worked for us!  
Indeed we were glad. *R*

3. Deliver us, O Lord, from our bondage  
as streams in dry land.  
Those who are sowing in tears  
will sing when they reap. *R*

4. They go out, they go out, full of tears,  
carrying seed for the sowing:  
they come back, they come back, full of song,  
carrying their sheaves. *R*

The refrain is heard three times at the start: first played on the organ, then sung by the cantor, and then sung by all; it is then repeated by all after each verse.

From a complete 3-year cycle of Responsorial Psalms.

Music © Robert Gower, Text from *The Psalms: A New Translation* © 1963 The Grail (England) published by HarperCollins.  
Reproduced by permission.